

Nott's Forest F.C.



Soccer Tryouts 2009 Season

“Learn to play the Forest way”

AA, AAA & PREMIER TEAMS FOR U8-U17 GIRLS & BOYS

Under the Direction of Professional Coach, David Banks

www.nottsforestsoccer.com

(Please check the web site as dates and times are subject to change)

AGES	MON - FEB 16 & 23	WED - FEB 18 & 25	SAT - FEB 21 & 28
GIRLS U8-U10	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
GIRLS U11 – U13	5:30 – 7 PM	5:30 – 7 PM	1-2:30 PM
	TUES – FEB 17 & 24	THUR – FEB 19 & 26	SAT – FEB 21 & 28
BOYS U8-U10	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
BOYS U11 – U13	5:30 – 7 PM	5:30 – 7 PM	1-2:30 PM
	MON - MAR 2 & 9	WED – MAR 4 & 11	SAT – MAR 7 & 14
GIRLS U14	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
	TUES – MAR 3 & 10	THUR – MAR 5 & 12	SAT – MAR 7 & 14
BOYS U14	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
	MON – MAY 4 & 11	WED – MAY 6 & 13	SAT – MAY 9 & 16
GIRLS U16 Premier	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
GIRLS U17 Premier	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
GIRLS U15 - U17	5:30 – 7 PM	5:30 – 7 PM	11-12:30 PM
	TUES – MAY 5 & 12	THUR – MAY 7 & 14	SAT – MAY 9 & 16
BOYS U16 Premier	5:30 – 7 PM	5:30 – 7 PM	1-2:30 PM
BOYS U15 - U17	5:50 – 7 PM	5:30 – 7 PM	1-2:30 PM

*If you are interested in a Team prior to tryouts please call David at 619.985.1212

TRYOUT RULES:

- Tryout Registration 5:00-5:30
- Parents must be present to sign Tryout Release form prior to tryouts OR
- Tryout Release form may be downloaded from web site @ www.nottsforestsoccer.com
- Players should attend all tryout sessions
- Shinguards mandatory
- Water

All Tryouts at Hickman's Lighted Facility:

I-805 to East on Clairemont Mesa Blvd. Left on Shawline Dr. (1st light). Left on Convoy Ct. Right on Hickman Field Dr. Hickman Athletic soccer complex will be on your right, 100 yards